



## In This Issue

- P2** Medical Staff  
From the Administrator
- P3** New Bus for Residents
- P4** 2014 Financials
- P5** Internal Happenings
- P6** JM Foundation
- P8** Save the Date

## Jody Bjerke visits Minnesota Congressional Delegation.

Minnesota hospital leaders, auxiliaries and Minnesota Hospital Association (MHA) staff advocated for Minnesota hospitals and health systems the first week in May in Washington D.C., during the American Hospital Association's Annual Meeting.

Jody Bjerke, JMHS Volunteer Coordinator, and the current President of Health Care Auxiliary and Volunteers of Minnesota (HCAM) was among the elite group. She was able to share successes and concerns unique to rural communities.

The group told positive stories of how Minnesota hospitals and health systems are transforming care in their communities; stressed the need for predictability and relief from regulations; and urged the delegation to help protect vulnerable populations by providing stable and predictable reimbursement.

Minnesota hospitals also urged our delegation to reject further cuts to hospital outpatient departments; graduate medical education funding; changes to the 340B program; and reductions to critical access hospitals (CAHs).

The group also encouraged the delegation to protect access to care with some specific changes in regulation, including removing the 96-hour physician certification requirement as a condition of payment for CAHs; adopting a default standard of "general supervision" for outpatient therapeutic services; and establishing equity in the Hospital Readmissions Program.

Jody Bjerke said "It is important to meet our delegates in person and make the connection that rural areas like ours matter."

## Medical Staff



**Dr. Ayaz Virji**  
Family Practice



**Dr. Ralph Gerbig**  
Family Practice



**Jill Christie, FNP-BC**  
Family Practice



**Carla Lee, FNP-BC**  
Family Practice



**Julie Olson, FNP, PA-C**  
Family Practice

### **JMHS Board of Directors**

**Dan Fondell, Chairman**

**Kris Bach**

**Dustin Citrowske**

**Carla Johnson**

**Jesi Martinson**

**Ken Perkins**

**Tami Schuelke-Sampson**

**George Thesing**

**Julie Turnberg**

## From the Administrator

Johnson Memorial Health Services continually strives to provide innovative services and modern technology to improve the health and wellbeing of our community. On page three of this issue you will read about our new and expanded services. I would also like to introduce you to two new healthcare tools available to our patients on our website.



**Kathy E. Johnson**  
CEO/Administrator

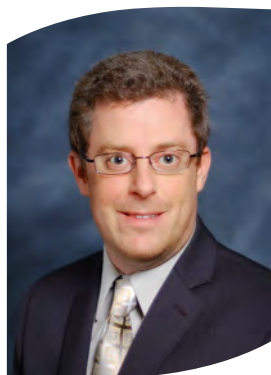
Prices for healthcare services vary among providers, even for common procedures, making it difficult for patients to determine their out-of-pocket costs before receiving care. The Patient Liability Estimator helps users to determine insurance coverage and out-of-pocket costs prior to a visit. We are pleased to be among the first rural healthcare providers to offer healthcare transparency pricing services to our patients.

Our Patient Portal is a secure online web service that gives around the clock access to your health information via the internet. Patients can view medical information and test results anytime, manage and create appointments at their convenience as well as download forms when needed. The patient portal also allows parents and guardians to set up minor and/or dependant adult accounts to view and manage their health care information.

We are extremely excited to provide these new healthcare tools designed to help you take a more active role in your care. The benefits of being an active health care user include better health, more effective health care, and lower health costs. For more information on these new tools please visit our website at [www.jmhsnmn.org](http://www.jmhsnmn.org).

*Kathy E. Johnson*

# New Outreach Doctor and Services at JMHS



**Dr. Lucio Mincies**  
**Infectious Disease**  
APMC

## Infectious Disease Specialist

JMHS is pleased to announce the addition of infectious disease (ID) specialist, Dr. Lucio Mincies, to our Outreach Providers. An ID specialist is a doctor of internal medicine who is qualified as an expert in the diagnosis and treatment of infectious diseases. ID specialists have expertise in infections of the sinuses, heart, brain, lungs, urinary tract, bowel, bones

and pelvic organs. Their extensive training focuses on all kinds of infections, including those caused by bacteria, viruses, fungi and parasites.

Along with their specialized knowledge comes a particular insight into the use of antibiotics and their potential adverse effects. ID specialists also have additional training in immunology (how the body fights infection), epidemiology (how infections spread) and infection control.

Dr. Mincies provides care for patients through outreach as well as acting as an inpatient consultant for hospitalized patients. He is also a member of the infection control and antibiotic stewardship committees.



**Dr. Monte Merrell**  
**OB/GYN**  
Avera Marshall

## Dr. Merrell Expands Services

Women experience many stages in their lifetime that are impacted by physical, hormonal and emotional changes. From menstruation to motherhood to menopause; Dr. Monte Merrell, OB/GYN, understands the unique and complex health needs associated with each stage. For more than ten years, he has been providing care for women

of all ages, specializing in high-risk obstetrics, post-

menopausal medicine, laparoscopy and minimally invasive surgery.

Impressed with JMHS's knowledgeable staff and equipment, Dr. Merrell has expanded his services to include minimally invasive and laparoscopic surgery in-house. Dr. Merrell sees patients on a bi-monthly basis.

***For more information or to schedule an appointment with Dr. Mincies or Dr. Merrell call 320-312-2133.***

## Chronic Care Management Services

Chronic Care Management (CCM) is designed to help those with chronic illnesses to feel better and do more to get the most out of life! Chronic conditions are defined as ongoing medical problems that cannot be prevented by vaccines or cured by medication. Examples of a chronic illness may include Diabetes, High Blood Pressure, Heart Disease, Depression and Asthma, among other chronic conditions.

Those in the Chronic Care Management program will receive:

- A personalized, comprehensive plan of care for all of your health issues.
- 24/7 access to your primary care team
- Scheduled preventative care services (many of which are covered by Medicare) and medication management.
- Coordinated care and services provided by your practitioner; including care you may receive at other locations, such as specialists' offices, the hospital, other healthcare facilities or your home.

CCM is for Medicare patients with two or more chronic conditions that are expected to last at least 12 months. ***For more information please call 320-312-2135.***



## 2014 JMHS Financials

	2014	2013
<b>Total Operating Revenue</b>	\$ 14,819,484	\$ 13,769,853
<b>Expense</b>		
Patient Care & Other Services	7,528,251	6,903,289
General & Administrative	5,782,405	5,465,441
Depreciation & Amortization	924,684	985,871
Interest	113,145	148,279
<b>Total Expenses</b>	14,348,485	13,502,880
<b>Non-Operating Gains, Net</b>	440,373	587,162
<b>Deficit of Revenue &amp; Gains over Expenses &amp; losses</b>	\$ 911,372	\$ 854,135

## 2014 JM Foundation Financials

**Revenues:**

Contributions	\$ 7,629.50
Events Contributions	\$ 27,475.00
Interest	\$ 690.44
<b>Total Revenue</b>	<b>\$ 35,794.94</b>

**Funds:**

Dr. Maus Scholarship	\$ 47,371.93
Endowment	\$ 243,180.63

Does not reflect changes in funds listed above.

**Expenses:**

Event supplies	\$ 5,305.86
Supplies	\$ 4,378.95
Donation to JMHS	\$ 17,145.00*
Fees	\$ 17.92
Scholarships	\$ 6,000.00
<b>Total Expenses</b>	<b>\$ 32,847.73</b>

**Net income minus expenses:** \$ 24,470.46

Numbers reflect Fiscal Year End September 2014

\* Oncology Suite

# Internal Happenings

## New Bus Arrives!

When Arlys Armundson rode as a volunteer in the bus with residents she noticed it was loud and bumpy making it difficult to hold a conversation. She was determined to see the Care Center get a new and better mode of transportation.



*Volunteers and Residents pose before one of their outings.*

She spoke with her fellow auxiliarians, and they agreed a new bus should be a priority. The auxiliary would generously donate \$40,000 towards the purchase.

Feeling strongly that a new bus should happen by Spring, they approached the JM Foundation for additional support. After hearing the situation the Foundation agreed to help. The JM Foundation would pay for the bus upfront and also for any costs occurred over the initial pledge. The Auxiliary would pay them back \$10,000 a year for four years.



Purchasing a new bus versus a used one allowed the Activity staff to design the interior to better fit the needs of the residents. The bus can be easily configured to accommodate two

wheelchairs and 12 passengers or three wheelchairs and 11 passengers.

Gail Ochsendorf, Activities Director, said "We are so excited to use this new comfortable mode of transportation. The new bus allows us to increase resident outings and provide new destinations. This is a great way to keep our residents connected to the community!"

Since the bus's arrival, residents have enjoyed outings to Clara City, Wal-Mart, the Lac qui Parle Lake area and the casino! Watch for and wave to the residents enjoying the new bus around the community.

## Judy Dahl Care Center Assistant Director of Nursing is Retiring

After 37 years of employment at JMHS, Judy Dahl has announced that she will officially retire this fall. Her hard work, commitment and dedication to the residents and staff along with her extensive nursing knowledge has made her a valuable part of the Care Center team. Judy will be deeply missed by staff and residents, but we are happy for her after so many years of service. On behalf of every one at JMHS, we would like to wish her the best of luck in Oregon with her children and grandchildren. Judy's last working day will be September 11; which coincidentally is the same day she started 37 years ago.

Dana Lien, RN-BSN, has been named the new Assistant Director of Nursing at the Care Center. She has worked at JMHS for ten years and will be a great addition to the Care Center team! Dana will start training in July.

## JMHS Receives Capital Improvement Grant

JMHS was awarded \$102,000 from the MDH Capital Improvement Grant to purchase High Definition (HD) Endoscopy Equipment. The HD screen provides the surgeon with twice the resolution of the current equipment we are using. This state of the art equipment helps identify delicate anatomy and surrounding tissue, helping the provider to perform faster and more effective procedures. We are very excited to bring this new technology to our community!

# Foundation Donations in 2014

## \$0-\$99

Ellen & Michael Alberg  
Al's Merchantiel  
AMPI  
Diane Anderson  
J. Dennis Anderson  
Melissa Anderson  
Melissa & Allen Anderson  
Ruby & Dennis Anderson  
Wendell & Helen Anderson  
Sharilyn & Douglas Bates  
Elnore Bergeson  
Linda Boraas  
Cori & Rick Bothun  
Genevieve Bothun  
Steven & Lisa Bothun  
Canby Farmers Grain  
Jill Christie  
Sue Christopher  
Our Saviors of Baxter Church  
Dustin Citrowske  
Dr. Bert Corwin  
Larry & LuAnn Dahl  
Dawson Grain  
Dawson Sentinel  
John Dessonville  
Linda & Ken Ellefson  
Roger & Audrey Ellefson  
Patricia Elliott  
Harlan & Doryce Farnen  
Annett Faye  
Loren & Carole Femrite  
Delmore & Bethel Fenske  
Julie & Randy Fjerkenstad  
Elizabeth Fjoseide  
Nancy Fosse  
Milton & Virginia Goplen  
Phil Greseth  
Timothy & Brenda Halvorson  
Sylvia Hanson  
Heartland Eye Care  
Mary & Steve Helgeson  
Ronald Helgeson  
Angela Heyn  
Roy & Judith Hinz  
Roy & Chutima Huot  
Roger & Virginia Huseby  
Gerald Ireland  
Garney Jager  
Marilee & Justin Jager  
Daniel & Melrose Jarner  
Janet & Larry Jensen  
Allan & Ann Jenson  
Curtis & Sharon Johnsrud  
Mr. & Mrs. Vernon Jordahl

Ron & Pat Jordahl  
Barb & Mike Jorgenson  
Bonnie & Arnie Jostock  
Debra & Reid Jurgenson  
Everett & Avis Kelly  
Pam & Brian Kloster  
Dan & Karolee Knudson-Lee  
Ervin & Janice Kostad  
Eldon & Pat Kragh  
Bob & Shirley Kuhlmann  
Cory & Staci Larson  
Melva Larson  
Arbie & Bonnie Lee  
Carla & John Lee  
Robert & Marlene Lee  
Stacey & Danny Lee  
Lee Motor  
Harry Lien  
Kelly & Billy Lindeman  
Joyce Lindquist  
Cheryl Lipinski  
Terry & Carol Litke  
LQP Broadcasting  
Stan & Lois Ludvigson  
Bruce & Jeannette Lund  
Barbara Lundquist  
Brad & Maggie Madsen  
Marc's On Main  
Roy & Janine Marihart  
Sharon & Stan Menning  
Pat Michaelson  
Bonietta Miller  
Kim & Danny Miller  
Joe & Shelly Miranowski  
Marjorie Miranowski  
Donn & Sue Mork  
Morrie's Auto Wash  
Kris Munger  
Dr. Timothy & Mary Nealy  
Carol & Roger Nelson  
Michele & Ted Nelson  
Steve & Vicki Norman  
Bonnie Olson  
Jerome & Linda Olson  
Judy & David Olson  
Richard & Diane Olson  
Roger & Jane Oman  
Becky & Terry Overlander  
Murla & Benny Parrow  
Dean & Joyce Pearson  
Gary & Jeri Pearson  
Janet Pearson  
David Pederson &  
Peggy Crosby  
Lori & James Pehrson

Lindsay Perkins  
Peggy & Charles Peterson  
Amy & Darin Plessner  
Debra & Donald Ranallo  
Brian Reinert  
L.S. Richards  
Lula & Richard Richards  
JoAnn Roisen  
Mark Roisen  
Michelle & Andy Ross  
Ashley & Andrew Sandven  
Brianna & Ryan Sather  
Les & Deb Sather  
Jan & Kevin Savoye  
Allan & Donna Schacherer  
Darlene Schacherer  
Clete & Rachel Schilling  
Neil & Rosalie Schilling  
Elizabeth Schnider  
Charlene & Thomas Schutz  
Roger & Diane Seefeld  
Charles & Sharon Skordahl  
Dean & Sadie Solem  
Stanley & Margaret Stamp  
Steven's Elementary  
Dawson-Boyd School  
Strand Agency  
David & Sally Stratmoen  
Kacey Streich  
Missy & Dan Struxness  
Daren & Nichole Swenson  
Cindy Thaemlitz  
George & Tanya Thesing  
Marc & Rebecca Thoen  
Orville & Alice Tollakson  
Gale & Barb Torstenson  
Tri County Insurance  
Trinity Women's Organization  
Dawson Truck Parts  
David & Lynn Vanderwerf  
Kelly & Mike Wentz  
Florence Werner  
Sheila Windingstad  
  
**\$100-\$499**  
Dawson Oil  
Audrey Adolphson  
AGP  
Lori & Jeff Andreas  
Ruth Arrington  
Diane & Bruce Bergeson  
Lowell & Mary Berglund  
Grace & Mike Berry  
Michael & Jody Bjerke  
Crystal & Tom Bothun

Dale & Deborah Breberg  
Breberg Agency  
Richard & Deborah Clark  
Judy & Mike Dahl  
Minnwest Bank  
Dawson Engineering  
Dawson Co-op Credit Union  
John & Effie Deno  
Clyde & Hope Dessonville  
Sandra Ellefson  
Erickson Chevrolet  
Mary Nelson Family  
Dan & Luanne Fondell  
Grace Lutheran Church  
Carolyn Grahn  
Grahn Family Trust  
Hanson & Dahl Funeral  
Howalt-McDawell Insurance  
Carla & Jeff Johnson  
Judy & Keith Kunde  
Lac qui Parle Coop  
Loretta Larson  
Tollefson & Lee Law Office  
Jeff & Janet Liebl  
LQP Lutheran - WELCA  
Shirley Maiers  
Cathy & Jim Michels  
Midwest Truck & Parts  
Marvell Moen  
Joyce Nikolaisen  
Kathryn Flory  
Jill Fuller  
Dr. Ralph or Sue Gerbig  
Grace Lutheran Church  
Hanratty & Associates  
Hanson & Dahl Funeral  
Howalt-McDawell Insurance  
Dr. Rolf & Virginia Jacobson  
Jager Building Supply  
Carla Johnson  
Curtis & Sharon Johnsrud  
Pam Kloster  
Kristal Knopp  
Keith & Judy Kunde  
Sheldon & Jane Larson  
John & Carla Lee  
Lee Motor Company  
Daniel & Dana Lien  
Nathan & Jessica Martinson  
Tami Maus  
Midwest Truck Parts

*Continued*

## \$100-\$499 (continued)

Maxine Moyer  
 Bryan & Susan Nelson  
 Winifred Nelson  
 Joyce Nikolaisen  
 Sam & Mary Olson  
 Carl & Ruth Petersen  
 Norma & Gordy Powers  
 Presbyterian Women  
 Providence Valley WELCA  
 Michelle & Andy Ross  
 Vern & Laurel Silvernale  
 Dean & Sadie Solem  
 Steven's Elementary School  
 Strand Agency  
 Benita & Lincoln Talbot  
 Alice Tollakson  
 Trinity Women's Organization  
 Kristyn & Jeff Wicht

## \$500-\$999

Central Minnesota Diagnostc, Inc  
 Dawson Designated Charities  
 Prairie Lakes Health Care System  
 Thomas & Peggy Smith

## \$1,000-\$4,999

Lac Qui Parle Coop  
 Floyd & Dora Lee  
 Kathy & Dwayne Johnson  
 LQP Hope Network  
 Phil Maus  
 Minnwest Bank Dawson  
 In memory of Sidika Mohanedali

The JM Foundation Annual Gala Fundraiser was held on Friday, April 10 at 6:00 pm at the Dawson VFW. The Roaring 20's theme proved to be a popular choice, with almost half of the crowd dressed in costume. The live music by Mill Pond Jazz Duo, specialty drinks, and fun decorations helped transform the VFW to a 1920's Speakeasy.

The buffet style meal received rave reviews and included chicken breasts in a creamy whiskey sauce, bourbon meatballs, mashed potatoes, sautéed green beans, dinner roll and a spinach salad. Dessert featured a choice of a peach & strawberry or chocolate trifle. Trish's Katering catered the meal.

The JM Foundation is focusing fundraising efforts to help with the purchase of High Definition (HD) Endoscopy Equipment used to do Colonoscopies and Gastrosopies. The HD equipment provides a crisp image that helps doctors detect pre-cancerous lesions and abnormalities earlier and aides them in performing faster and more effective procedures.

Generous donations and event sponsorships aided in our annual gala fundraiser raising just under \$8,000!

## JM Foundation Board of Directors

Dean Solem <i>Chairman</i>	Rachel Schilling <i>Board Member</i>
Carole Femrite <i>Vice Chairman</i>	Paul Strand <i>Board Member</i>
Ken Club <i>Board Member</i>	Karen Strom <i>Board Member</i>
Marilee Jager <i>Board Member</i>	Julie Turnberg <i>Board Member</i>



**Live Jazz Music was enjoyed throughout the evening.**



# Ladies NIGHT OUT

Friday, October 9 | 5-8 pm - Dawson VFW



Rebecca Umden

**Join us for a FREE evening of food, fun & health for women.**

Health Screenings | Food Tasting with Recipes | Demonstrations | Food & More

## Living a B.I.G. Life in a Small Town

Keynote speaker Rebecca Umden, Founder and Author of "How Mommy Got Her Groove Back" shares her personal story of returning to her hometown and how she got her own groove back. Rebecca shares a simple but powerful strategy to live B.I.G. by being bold, seeking inspiration and choosing personal growth. You'll walk away with a renewed sense of confidence and the courage to take off the masks, let go of the fear of judgment and show up as your best self. **You may even just stumble upon your groove.**

# SAVE the DATE

**Community Appreciation Picnic**  
Wednesday, July 29

Dawson Pool Park Shelter House  
5:30-7:00 pm

**Dr. Maus Golf Tournament**

Friday, August 7  
Dawson Golf Course  
5:30 pm Shot Gun Start

JMHS

VISIT US ONLINE AT: [www.jmhsnmn.org](http://www.jmhsnmn.org)

PRST STD  
U.S. POSTAGE  
PAID  
MARSHALL, MN  
PERMIT NO. 20

JMHS  
Johnson Memorial  
Health Services  
Excellence in Healthcare. Everyday.

1282 Walnut Street  
Dawson, MN 56232  
P: 320-769-4323