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# HealthLine

JOHNSON MEMORIAL HEALTH SERVICES



## Innovation Award

The Lac qui Parle Health Network a collaboration of Johnson Memorial Health Services, Appleton Area Health Services and Madison Lutheran Home has received a 2013 Leading Change Innovation Award from Aging Services of Minnesota. The Innovation Awards showcase the very best innovative programs and ideas in older adult services in the state of Minnesota. The Aging Services awards are among the highest honors for aging services organizations in Minnesota.

The facilities worked together to combine restorative nursing or rehab with the fun and interesting activities to encourage residents to exercise and follow through on their rehabilitation. The program, dubbed Putting the FUN in Rehab Nursing, is a first-of-its-kind combination in the country.

Faced with unenthusiastic, reluctant participation in rehab therapy by residents, The Lac qui Parle Network of care centers – Johnson Memorial Health Services, Dawson; Appleton Area Health Services and Madison Lutheran Home searched quality improvement organizations throughout the country for a model they could adapt.

After contacting other facilities and searching online for

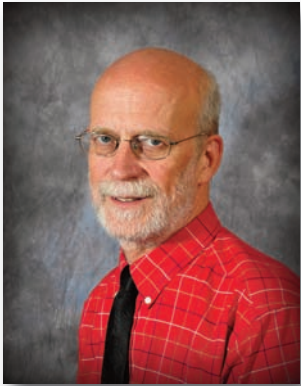
ideas on how to do this they were unable to find anything, so they decided to create their own program. The result was an innovative coordinated program that took residents' past interests such as fishing, bowling, gardening or sports to create a collection of fun exercises around each interest area.

Soon the residents were looking forward to the social interconnection, friendly competition and feelings of accomplishment. Quality indicator scores improved, residents experienced an improved ability to move around the room and range of motion.

Representatives from the care centers presented their program and shared their experience at a three-day conference in Minneapolis. In addition they developed a toolkit to share the program with other senior care organizations.

*Pictured: Jon Riewer, Aging Services Board Chair; Gail Ochsendorf, JMHS Activities Director; Nancy St. Sauver, LQPHN program coordinator; Deb Sather, JMHS MDS Coordinator; Julie Turnberg, JMHS Director of Older Adult Services; Sara West, JMHS Rehab Nurse; Judy Dahl, JMHS Assistant DON; Jodi Speicher, Aging Services Awards & Recognition Committee Chair and Gayle Kvenvold, President & CEO of Aging Services.*

# Medical Staff



Dr. Ralph Gerbig  
Chief of Staff



Jill Christie, FNP-BC  
Family Practice



Carla Lee, FNP-BC  
Family Practice



Julie Olson, FNP, PA-C  
Family Practice



Timothy Nealy, MD  
Family Practice

# From the Administrator

The new year has brought several new board members on our JMHS Board of Directors. They play a vital role in helping to shape the way JMHS provides healthcare in our community. New board members include, Ken Perkins, Rachel Schilling and George Thesing. As we welcome our new board members I would like to thank our past board members, Val Sather, Norma Powers and Tammy Schacherer for their support and dedication to JMHS.



Kathy E. Johnson  
CEO/Administrator

Kathy E. Johnson



Front row: Ken Perkins, George Thesing, Rachel Schilling, Dan Fondell ; back row: Dustin Citrowske, Beth Westby, Mark Roisen, Carla Johnson and Marc Thoen.

## Board of Directors

Dan Fondell, Chairman

Dustin Citrowske

Carla Johnson

Ken Perkins

Rachel Schilling

Mark Roisen

George Thesing

Marc Thoen

Beth Westby

# JMHS Adds Palliative Care Services

Palliative Care focuses on the physical, emotional and spiritual needs of people with a serious illness. It aims to reduce suffering, protect dignity and improve quality of life for residents and families. This care can take place at the same time as other treatments and at any time during a serious illness. It helps patients and their families understand their illness and treatment choices, as well as address financial and community resource options.

Palliative Care is available to anyone who is in any stage of a chronic (long term) or advanced illness. It is for people who are being treated for a serious diseases such as:

- Advanced Heart Disease
- Cancer
- Renal Failure
- Obstructive Lung Disease



Living each day to the fullest is so important for people who have chronic or advanced illness. Palliative Care can help people be as independent and comfortable as possible.

JMHS's Palliative Care's team approach is to make certain that people with advanced illness get the highest quality of care in any care setting. This approach sometimes decreases the length of hospital stays and eliminates unnecessary emergency room visits. It can also ease transitions between the hospital, care center and other care settings.

In general, the interdisciplinary Palliative Care team include:

- Doctor or Nurse Practitioner
- Registered Nurse
- Social Worker

But other experts often fill out the team, according to a patient's needs. These include:

- Ministerial Support

- Pharmacists
- Dietitians
- Rehabilitation Specialists
- Physical and Occupational Therapists
- Massage Therapists
- Home Health Aides/Nursing Assistants
- Grief Counselors

Palliative Care provides quality, compassionate care for people with serious, life-limiting illnesses. It can lessen the impact of the illness and the side effects of treatment. Palliative Care can take place at the same time as curative care.

Hospice provides quality, compassionate care for the dying. It is for people not seeking curative care for their illnesses and who are not expecting to live more than six months.

Hospice Care is provided by Rice Hospice Staff in collaboration with JMHS Staff.

Ask your practitioner what Palliative Care services are available to you. Palliative Care may be covered by health insurance, including Medicare or Medicaid. For more information on Palliative Care please contact Dawn Tyler at 320-312-2107.

Pictured Palliative Care Team - back row: Julie Olson, Anna Brabender, Dawn Tyler, Lori Pehrson; front row: Monica Dessonville & Brenda Kalthoff. Not pictured: Deb Ulstad & Lori Wold.



# JMHS Financials

	<u>2012</u>	<u>2011</u>
Total Operating Revenue	\$ 13,740,750	\$ 11,860,723
Expense		
Patient Care & Other Services	6,881,044	7,607,769
General & Administrative	5,377,404	3,770,319
Depreciation & Amortization	945,512	884,255
Interest	<u>166,098</u>	<u>178,720</u>
Total Expenses	13,370,058	12,441,063
Non-Operating Gains, Net	<u>297,972</u>	<u>330,255</u>
Deficit of Revenue & Gains over Expenses & Losses	<u>\$ 668,664</u>	<u>\$ (250,085)</u>

## JM Foundation 2012 Financials

### Income Statement Revenues:

Contributions	\$ 3,591.89
Capital Campaign	\$ 29,779.45 *
Events Contributions	\$ 14,394.00
Michaelson Reimbursement	\$ 7,053.75
SWIF Endowment	<u>\$ 8,066.88</u>
Yearly Disbursement	\$ 62,885.97

### Expenses:

Misc.	\$ 2,936.00
Supplies	\$ 2,636.82
Donation to JMHS	\$ 2,000.00
Fees	\$ 6.96
Scholarships	<u>\$ 11,350.00</u>
Yearly Expenses	\$ 18,929.78

### Funds

Dr. Maus Scholarship	\$ 39,449.30
Michaelson Scholarship	\$ 0**
Endowment	\$ 205,474.46
Net income minus expenses:	\$ 43,956.19

Numbers reflect Fiscal Year End September 2012

\* Capital Campaign ends fiscal year 2013.

\*\* Per family request all funds were awarded.

# Internal Happenings

## Longevity Awards

The following people were presented with longevity awards during the JMHS Holiday Party held on Saturday, January 12. Thank you for your commitment to our success!

### 35 years

Bonnie Olson Honey Olson

### 30 years

Bradley Benson Judy Larson  
Sharla Kruger

### 25 years

Nadene Dale Rhonda Nelson  
Desrae Kemen Murla Parrow

### 20 years

Jim Michels Cathy Michels  
Bruce Lund Carol Nelson

### 15 years

Andrea Sandven Amanda Henneberg  
Karen Kilpatrick Melissa Hermanson  
Eva Mix

### 10 years

Pamela Kloster Jacqueline Haukos  
Mark Saboe Julie Fjerkenstad

### 5 years

Rebecca Kleven Lisa Dufrane  
Dona Sather Derrick Ochsendorf  
Sara West Kimberly Ochsendorf  
Kathy Johnson Arlyce Benson  
Paula Nelson

## JM Foundation Annual Gala Fundraiser a Success!

JM Foundation held its annual Gala Fundraiser on Friday, April 12 at the Dawson VFW. This year 110 people were on hand to enjoy a Taste of Mardi Gras. This year's meal incorporated a southern flair to match the Mardi Gras Theme. The buffet style meal included

a Strawberry Salad with Raspberry Vinaigrette, Maple Whipped Sweet Potatoes, Sautéed Carrots, Chicken Breast with Apricot Glaze, Shrimp Gumbo and for dessert, a New Orleans must have, Beignets.

The Gala Fundraiser focused on raising money to purchase rehabilitation equipment in the Care Center. The NuStep is the most popular item and an additional one is needed to keep up with our more active residents.

The event featured a wine pull and silent auction. This years fundraising gala raised just over \$4,000. Thank you to everyone who supported our annual fundraiser!

## Healthfair and AG Day bring in over 500 people

The JMHS Healthfair and Ag Day was held on Wednesday, March 20 from 10:00 am to 2:00 pm at the Dawson-Boyd Community Center. This years' event featured 42 different Farm and Healthcare booths.



Lunch was served from 11:00 am -1:00 pm. The Beef Association helped sponsor the lunch which featured grilled hamburgers, potato salad, chips and DQ ice cream.

Linda Brekke from the Linder Farm Network was unable to be there live due to one of the many spring snowstorms; however she was able to do a phone interview with KLQP FM. At 1:00 pm Brett Olson from Renewing the Countryside hosted a Farm Transitions workshop.

Thank you to everyone who attended, sponsored and supported this community event.

# Foundations 2012 Donors

## \$0-\$99

Audrey Adolphson  
Ellen & Michael Alberg  
Al's Merchantiel  
Virgil & Arlys Amundson  
Dennis Anderson  
Diane Anderson  
Melissa & Allen Anderson  
Ruby & Dennis &  
Steve Anderson  
Wendell & Helen Anderson  
Anonymous  
Lorraine & Arlyn Babensee  
James & Marren Bakken  
Ginger Baldwin  
Jane Baldwin  
Sharilyn & Douglas Bates  
Helen Bergeland  
Elnore Bergeson  
Karen & Myles Bergeson  
Inez Bjerkeset  
Ginny & Lloyd Boe  
Marvin & Donna Boe  
Duane & Carol Boenig  
Dennis & Gloria Boraas  
Brian Bothun  
Genevieve Bothun  
Monica Bothun  
Dale & Deborah Breberg  
Daniel & Bill &  
Beth Smith Brodin  
Canby Farmers Grain  
Reuben Christianson  
Susan Christopher  
Our Saviors of Baxter Church  
Paula Byhaug  
Dustin Citrowske  
Crow River Winery  
Tom Dahl/Dawson Grain  
Dawson Sentinel  
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Ronald & Monica Dessonville  
Linda & Ken Ellefson  
Patricia Elliott  
Erickson Cheverolet  
Dave & Colleen Falness  
Elton & Nancy Falness  
Harlan & Doryce Farmen  
Loren & Carole Femrite  
Delmore & Bethel Fenske  
Marcus & Janet Fenske  
Sally Fernholz  
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Dan & Luanne Fondell  
Milton & Virginia Goplen  
Elaine Haakenson  
Timothy & Brenda Halvorson  
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Sylvia Hanson  
Heartland Eye Care

Ronald Helgeson  
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Elsie Johnson  
Curtis & Sharon Johnsrud  
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Mr. & Mrs. Vernon Jordahl  
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Janice Kittelson  
Shirley Kittleson  
Betty Knutson  
Bonnita Knutson  
Eldon & Pat Kragh  
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Lisa Kuechenmeister  
Bob & Shirley Kuhlmann  
Cory & Stacie Larson  
Maxine Larson  
Lee Motor  
Jeff & Janet Liebl  
Donald & Pat Lindblad  
Alton & Janice Lindquist  
LQP Broadcasting  
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Darin & Lisa Lund  
DeAnne & Jon Lund  
Marlys Lund  
Brad & Vicki Lundy  
Brad & Maggie Madsen  
Lisa & Jerome Malecek  
Kathleen Marsh  
Beverly & Darwin Marvin  
Bonieta Miller  
Kim & Danny Miller  
Morrie's Auto Wash  
Rhonda Nelson  
Stephanie Nelson  
Nelson Drug  
Lila Nevins  
Joyce Nikolaisen  
Valerie & Jason Olson  
Roger & Jane Oman  
Dean & Joyce Pearson  
Dawn Pehrson  
Lindsay Perkins  
Laurel & Manley Peterson  
Sandy Ann Peterson  
Amy & Darin Plessner  
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Gwen Robertson  
JoAnn Roisen  
Mark Roisen

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Neil & Rosalie Schilling  
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Roger & Diane Seefeld  
Gerald Shigley  
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Karolee Knudson-Lee  
Ronda & Chad Krosch  
Andrew & Dona Kubat  
Keith & Judy Kunde  
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John & Carla Lee  
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Larry & Cindy Thoen  
Kelly Wentz  
Florence Werner  
Terry & Bev Westfield  
Kristyn & Jeff Wicht  
Bonnie & Jason Will

## \$100-\$499

Melissa Anderson  
Lannie & Brenda Ashling  
Donna & Paul Bakke  
Colette & Dick Berglund  
Cori & Rick Bothun  
Breberg Agency  
Jill Christie  
Judy & Mike Dahl  
Larry & LuAnn Dahl  
Nadene Dale  
Dawson Co-op Credit Union  
Dawson Enginnering  
John & Effie Deno  
Roger & Sandy Ellefson  
Randy & Julie Fjerkenstad  
Michael & Kathryn Gann  
Hanratty & Associates  
Hanson & Dahl Funeral  
Healthland

## Foundations 2012 Donors continued

### \$500-\$999

Dar & Jeff Abraham  
Prairie Lakes Health Care System  
Bruce & Diane Bergeson  
Lowell & Mary Berglund  
David & Pat Craigmile  
Dr. Steven & Ruth Feeney  
Phil Greseth  
Wesley & Vallerie Sather  
Thrivent Financial  
John & Ginger Tollefson  
Gary & Julie Turnberg  
Beth Westby

### \$1,000-\$4,999

MDU Resources Foundation  
Kathy & Dwayne Johnson  
Bob & Marlene Lee  
Rosalind Weber & Family

### \$5,000-\$9,999

AGP

### \$10,000 - \$19,999

Minnwest Bank

*Thank you for making a difference  
in the lives of our residents and patients!*



Bidding on Baskets at the 2013 Gala

## JM Foundation Board

Dean Solem, Chairman

Carole Femrite, V. Chair

Marilee Jager

Marc Thoen

*A very special thank you  
to Vern Silvernale, Sam  
Olson, Denny Hulstrom  
& Norma Powers for  
their years of service  
on the Board.*

## 2012 Review

JM Foundation held its Annual Fundraising Gala on Friday, April 13, 2012 at the Dawson VFW. The Silent and Live auctions included great items with the event raising more than \$4,200! This amount helped us to create a new pediatric room in the hospital. This included purchasing a new crib, no pinch zone kid sized bed, toys and decorations for the room.

The kids and family members that have had to use the room have really appreciated the calming effect it has on everyone! The Community Appreciation Picnic was held on July 25 and continues to grow each year. We have been extremely pleased that so many people from the community are able to come and join us.

The Dr. Maus Dawson-Boyd Community Scholarship held its 17th annual golf tournament on July 20th at the Dawson Golf Course. The event raised \$3,260 with money raised from registration fees, hole sponsorships and donations going towards the scholarship fund. This scholarship is awarded annually to Dawson-Boyd graduates and alumni pursuing careers in healthcare. This year both Zach Stelter and Kelsi Lee were awarded a \$1,000.00 scholarship.

During the fiscal year the JM Endowment assets increased by \$68,722. This was due in part to the capital campaign that will be ending in the fiscal year 2013 and the increase in investments with Southwest Initiative Foundation. This is the first year that the JM Foundation board decided to use the disbursement from the endowment to fund a grant for the pediatric room in the hospital. The disbursement along with the money raised at the gala allowed us to award a grant of \$12,133 that will be paid in fiscal year 2013.

As a not-for-profit organization, our patients, residents and community benefit from your gifts every day. A gift to the JM Foundation is a gift to your community. *Thank you for your generosity, your donations truly make a lasting difference.*

## Did you know?

JMHS offers several same day surgeries and procedures on a weekly basis? Our surgeons are here on a weekly basis, whether you need a consultation or actually need surgery why not have it here in your home town. Below is a list of just some of the procedures and surgeries available:

- VNUS (vein stripping)
- Scopes
- Gallbladder
- Cataracts
- Urology Procedures
- Lesion Removal

Call Outreach services today  
at 320-312-2133  
to schedule an appointment.

# Save the Date

## Community Appreciation Picnic

Wednesday, July 31

## Dr. Maus Dawson-Boyd Community Scholarship Golf Tournament

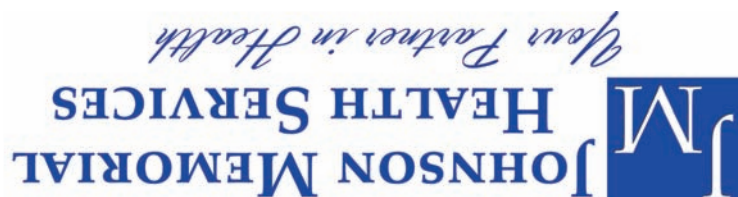
Friday, September 13

## Women of Exceptional Worth

Saturday, October 12

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