

Johnson Memorial Health Services

Job Description

Position: Physical Therapist, Athletic Trainer Certified
Department: Rehabilitation Services
Reports To: Rehab Manager
FLSA Status: Hourly/Non-exempt
Days/Hours: Monday to Friday, daytime hours with evening hours 1-3 x week or weekend coverage as needed for athletic training hours
Effective: June 2013

JOB SUMMARY

To provide physical therapy services to JM clients ages infant to geriatric. To provide individualized evaluations, treatments and treatment plans for physical therapy clients. Will also provide athletic training services at the Dawson Boyd School and cover athletic games/events as needed per sports season. Will provide education to coaches and athletes for strength training, concussion assessments, return to play guidelines and other topics as needed.

ESSENTIAL FUNCTIONS

- Effectively communicate with all clients, staff, visitors, and vendors, students, and school staff while respecting diversity and culture.
- Provide optimal patient care through evaluations and appropriate treatment programs. Assess progress and function while documenting appropriate changes.
- Provide formal/informal education to patients/families/students/ coaches, and the medical interdisciplinary team related to patient needs or PT services.
- Coordinate with interdisciplinary care team to determine appropriate resources, scheduling and ensure
- Patient/student safety and comfort.
- Complete PT or ATC treatment notes within established therapy time frames and format.
- Prepare work schedule with recognition of department, interdisciplinary staff and patient needs.
- Follow the APTA scope of practice and Code of Ethics for Physical Therapy.
- Follow the NATA guidelines and BOC certification regulations
- Follow safety and infection control policies for JMHS.

REQUIRED KNOWLEDGE, SKILLS, AND ABILITIES

- Must be self motivated and able to work independently.
- Must be a good communicator.
- Must be able to complete documentation promptly and within APTA and Medicare guidelines.
- Ability to think outside the box and help grow and expand the PT department and services offered.

MINIMUM TRAINING AND EXPERIENCE REQUIREMENTS

- Must be a graduate on an accredited PT school.
- Must be a MN licensed PT.
- Certification as an athletic trainer with MN ATC registration

SUPERVISORY RESPONSIBILITIES (if applicable):

- Supervise PT Aide/Receptionist, PTA, restorative aides.

MINIMUM PHYSICAL REQUIREMENTS (if any): (The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.)

Note: In terms of an 8 hour workday, "Occasionally" equals 1% to 33%, "Frequently", 34% to 66%, "Continuously", 67% to 100%

In an 8 hour workday, employee must:									
	(Hours at full capacity for each activity)								
Position	None	1	2	3	4	5	6	7	8
Sit		x							
Stand					x				
Walk				x					

Employee's job requires he/she:					
Activity:	Not at All	Occasionally	Frequently	Continuously	Comments
Bend/Stoop				x	
Squat				x	
Crawl		x			
Climb (Height 8 ft)		x			
Reach above shoulder level				x	
Crouch			x		
Kneel			x		
Balance				x	
Push/Pull (# of lbs. 50)		x			

Employee's job requires he/she carry:					
Weight Carried:	Not at All	Occasionally	Frequently	Continuously	Comments
Up to 10 lbs.				x	
11-24 lbs.			x		
25-34 lbs.		x			
35-50 lbs.		x			
51-74 lbs.		x			
75-100 lbs.					Assist with patient transfers and lifting over 50 pounds of work tests.
Over 100 lbs.					

Job requires employee must use feet for repetitive movements as in operating foot controls:		
Repetitive movements with foot controls:	YES	NO
Right		x
Left		x

Job requires employee use hands for repetitive action such as:							
<u>Hand Repetitive Movements:</u>	<u>Simple Grasping</u>		<u>Firm Grasping</u>		<u>Fine Manipulating</u>		<u>Comments</u>
	YES	NO	YES	NO	YES	NO	
Right Hand	x		x		x		

Left Hand	x		x		x		
Both Hands	x		x		x		

Does the employee's job require:			
Activity	YES	NO	Describe if Yes
Working on unprotected heights?		x	
Working on uneven terrain?	x		
Working on wet/damp surfaces?		x	
Operating moving equipment?	x		
Operating vehicles?	x		
Use of tools?	x		
Use of telephone?	x		
Use of keyboard/computer terminal?	x		
Working under time pressure?	x		
Working rapidly for long periods?	x		
Working alone?	x		
Close work?	x		
Good vision (close/distance/peripheral & depth perc)	x		
Good color vision?		x	
Good hearing?	x		
Good speaking?	x		
Reading?	x		
Writing?	x		
Simple arithmetic?	x		
Mathematics?	x		
Weighing and /or measuring?	x		

The work environment where the job is carried out:			
Job environment:	YES	NO	% of Day Spent
Indoors	x		80% indoors, may due balance activities or car transfers or sports rehab outdoors. May also do home health visits outside the facility.
Outdoors	x		Football practice/game coverage
At a desk or bench	x		
In a car or truck	x		
In an office	x		

Is the employee exposed to:			
Exposed to:	YES	NO	Describe if Yes
Bloodborne Pathogens/Infectious diseases?	x		Hospital and Care Center clients and student injuries
Chemicals/respiratory hazards?		x	
Noise?	x		School events
Dust, fumes & gases?		x	
Extreme heat or cold?		x	
Cramped areas?		x	
Working close to electrical current?		x	
Other hazards?		x	

Exposure Determination: For More Information: See Your Supervisor					
Category I		Category II		Category III	
Tasks that routinely involve exposure or potential exposure to blood, body fluids or tissues.		Tasks that do not routinely involve exposure to blood, body fluids or tissues, but exposure or potential exposure may be required as a condition of employment.		Tasks that do not routinely involve exposure to blood, body fluids or tissues (persons in this category are not called upon to perform or assist in the emergency medical aid or to be potentially exposed in any other way as a condition of employment.	
YES	NO	YES	NO	YES	NO

X			X		X
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MENTAL DEMANDS:

Does the employee's job require:		
Activity	YES	NO
Ability to plan, organize and delegate responsibilities to subordinates while maintaining quality standards throughout one's own performance.	x	
Excellent communication skills are required for interactions with management, staff, patients, residents, clients, etc.	x	
Must be able to analyze situations and select a course of action.	x	
Must be capable of multi-step and sequential problem solving activities: that include comparing, analyzing and calculating data relevant to the facility.	x	
Must be flexible and willing to undertake a variety of tasks.	x	
Must possess the ability to accept change and respond appropriately.	x	
Must possess the ability to understand and communicate both verbally and in written form in the English language since instructions, labels and other documents are in English.	x	
Must possess visual and mental attention to position content with accuracy.	x	
Must possess excellent memory and organizational skills.	x	
Must possess the ability to work independently and make decisions that require initiative and judgment in order to effectively plan, organize and delegate work assignments.	x	

DISCLAIMER:

The above statements are intended to describe the general nature of job duties and responsibilities typically assigned, identify the essential functions, and list the requirements of this job. They are not intended to be an exhaustive list of all supplemental duties, responsibilities, or non-essential requirements; nor should this document limit the supervisor's right to modify assignments as necessary. This document does not create a contract for employment.

RECEIPT ACKNOWLEDGEMENT:

I acknowledge and understand that:

- Receipt of this job description does not imply nor create a promise of employment, nor an employment contract of any kind, and that my employment is at-will.
- The job description provides a general summary of the position in which I am employed, that the contents of this job description are job requirements and, at this time, I know of no limitations which would prevent me from performing these functions with or without accommodation, I further understand that it is my responsibility to inform my supervisor at any time that I am unable to perform these functions.
- Job duties, tasks, work hours and work requirements may be changed at any time.
- I have read and understand this job description.

I, ☐do ☐do not need accommodations under the Americans with Disabilities Act.

Employee Printed Name: _____

Employee signature: _____

Date: _____